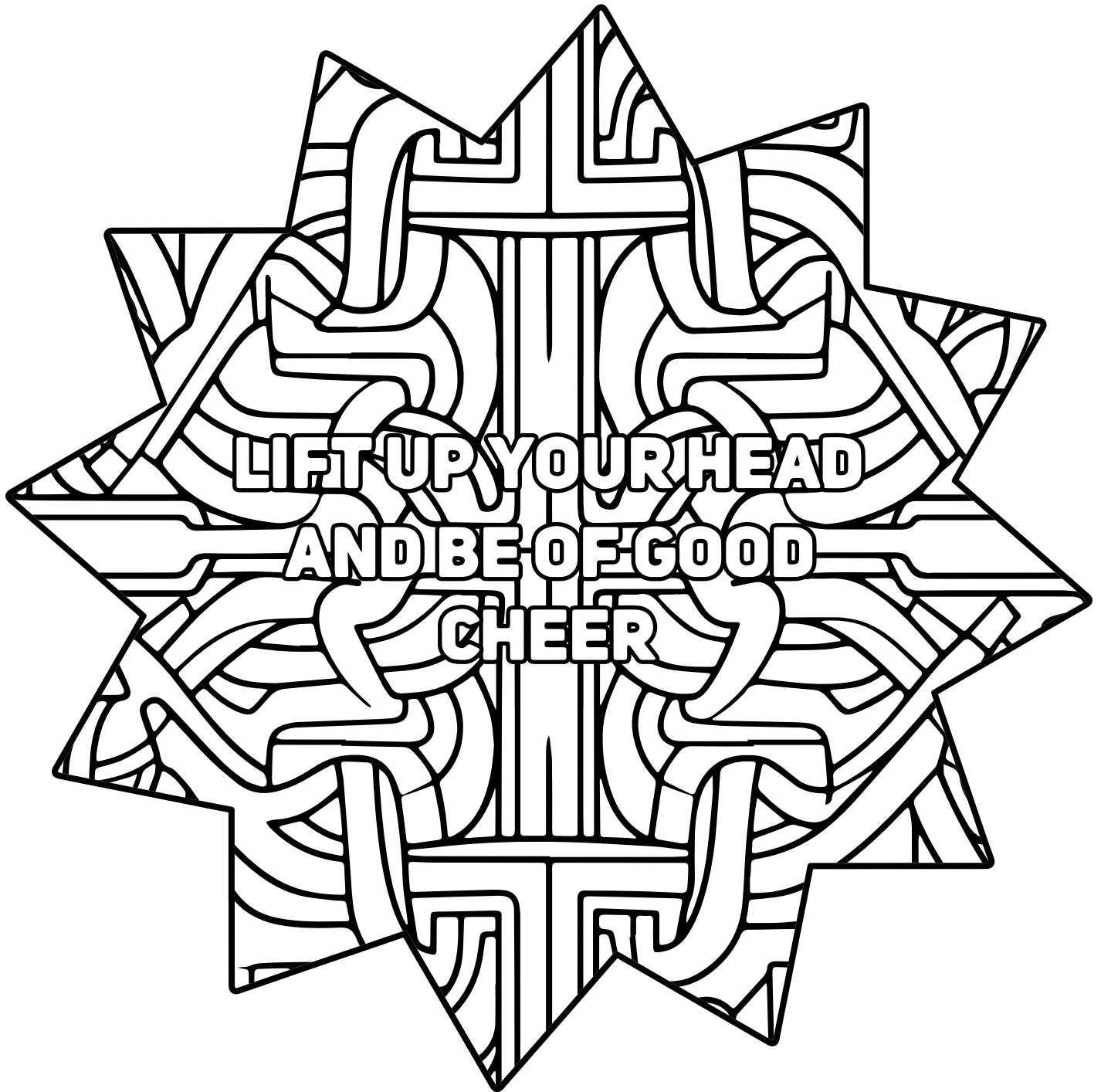


September 16–22

3 Nephi 1–7

“Lift Up Your Head and Be of Good Cheer”



September 16–22

3 Nephi 1–7

“Lift Up Your Head and Be of Good Cheer”

Word Angles

Instructions: Find the bold words from the scripture. Each word path may run north, east, south, or west, may make one right-angled turn, and may cross another word path. A few words may make no right angle turn at all.

3 Nephi 3:13–14

Yea, he sent a **proclamation** among all the **people**, that they should **gather together** their **women**, and their **children**, their **flocks** and their **herds**, and all their **substance**, save it were their land, unto one place. And he caused that **fortifications** should be built **round** about them, and the **strength** thereof should be **exceedingly great**. And he caused that **armies**, both of the **Nephites** and of the **Lamanites**, or of all them who were **numbered** among the Nephites, should be placed as **guards** round about to **watch** them, and to guard them from the **robbers** day and night.

K	M	N	L	I	B	L	P	O	N	S	S	H	S	O	M
C	D	V	N	B	E	M	A	S	D	E	L	T	H	E	R
K	H	W	O	C	R	S	E	V	I	Y	B	E	C	T	P
P	O	Q	C	C	T	E	W	Z	L	T	M	G	E	B	F
P	E	D	Z	Q	Y	L	G	D	A	R	E	O	T	S	I
L	R	N	K	T	K	F	L	I	B	E	S	T	O	T	J
T	E	G	Q	N	C	E	O	Q	I	X	S	X	R	X	C
F	T	Q	K	A	D	O	W	M	A	X	A	F	P	O	L
B	N	L	A	N	J	P	N	O	C	O	E	F	J	W	T
I	E	Y	I	E	Z	B	A	I	I	N	I	G	Y	N	S
B	B	J	M	V	O	C	Z	F	S	E	I	M	Y	D	S
U	Q	T	P	A	O	T	S	N	O	T	T	E	S	N	O
V	E	R	S	F	L	H	L	D	B	W	H	N	E	A	G
E	C	N	E	T	I	H	P	E	N	C	G	E	U	L	K
N	C	D	E	F	E	N	V	W	A	E	I	F	M	V	T
J	R	V	Q	D	S	D	G	A	R	G	A	D	N	O	B

Word Bricks

Instructions: A sentence is written on the wall. But brick layers built the wall in the wrong order. Your job is to put the bricks in the right order. Hint: **Hint: Song from the Primary Songbook, I’m Trying to be Like Jesus.**

L	o	v	e		t	h	e		a	n	o	e		o	n	e		r
u	s	e	s						J	e	s		l	o	v	a	s	
y	o	u	t	o		s	h	o	w		.		T	r	y			
i	n		k	i	n	d	n	e	a	l	l	s						
B	e	t		y				t	h	a	d	o	.		o	u		
g	e	n	g		o	v	i	d		l	i	t	e		a	n		
i	n		n	d		i	n		d	a	d	e	e					
u	g	h	t	,		t	h		t	h	o	s	e		f	o	r	
		a	r	e		g	s		h	i	n		t	h	e		t	
		g	h	t		u	s		t	a	u		J	e	s	.		

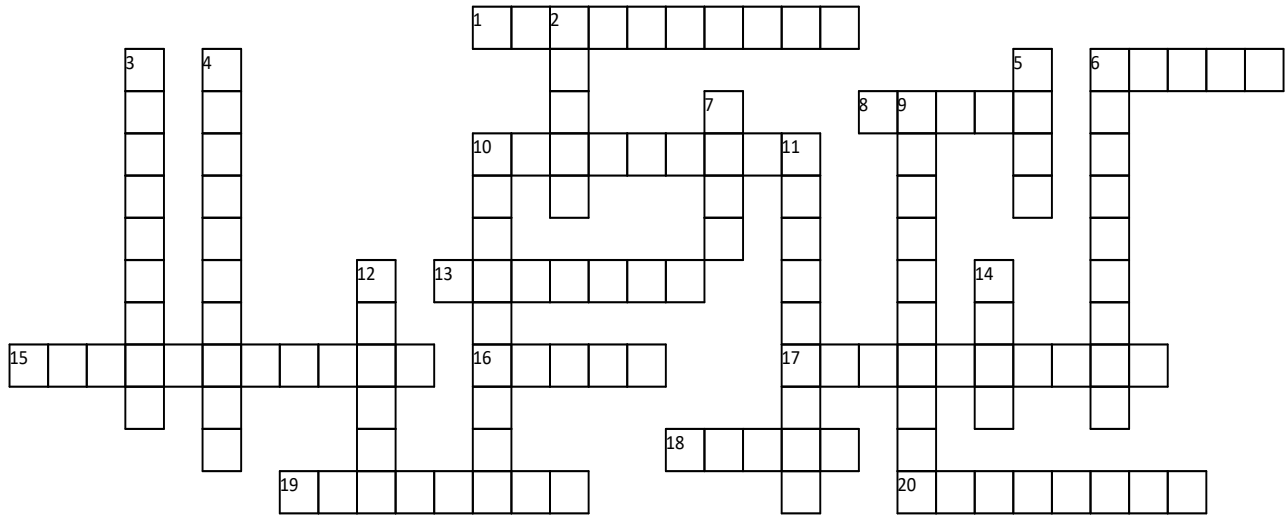
September 16–22

3 Nephi 1–7

“Lift Up Your Head and Be of Good Cheer”

Instructions: Using the Across and Down clues, write the correct words in the numbered grid below. Hint: all of the words in the crossword come from the scripture below.

3 Nephi 1:4–21



ACROSS

1. Behavior that is morally wrong, evil, or sinful.
6. The separation of the spirit from the mortal body.
8. A principle of action and power that must be centered on Jesus Christ to lead to salvation.
10. Being loyal, determined, and unwavering in purpose.
13. A person designated by God to be His spokesperson and to be a teacher, revelator and witness of gospel truths.
15. People who do not have faith or do not believe in a God..
16. To observe or keep an eye on something carefully.
17. Feeling annoyed or discouraged when one's efforts are not successful.
18. Bent forward or downward, often as a sign of respect or submission.
19. An extraordinary event caused by the power of God.
20. The absence of light; a state of being dark or dim.

DOWN

2. Shouts or expressions of joy, happiness, or encouragement.
3. When something promised or expected has been completed or achieved.
4. The base or support upon which something is built or established.
5. A tiny amount or small particle, often used in expressions like "not a whit," meaning not at all.
6. To cause severe damage or ruin something completely.
7. Having excessive pride in one's appearance or abilities; also, something done without success.
9. Extremely surprised or amazed.
10. Feeling deep sadness or grief.
11. To formally state or declare something as true, often in a legal or solemn manner.
12. A loud and chaotic noise, usually caused by a group of people.
14. The moment a person comes into this world

September 16–22

3 Nephi 1–7

“Lift Up Your Head and Be of Good Cheer”

Instructions: Solve this word sudoku puzzle the same way that you’d solve a numeric sudoku. Each of the bold words in the scripture below is found once in every row, column and 3×3 box.

3 Nephi 1:13-14

Lift up your head and be of good **cheer**; for behold, the **time** is at **hand**, and on this night shall the **sign** be **given**, and on the morrow come I into the **world**, to show unto the world that I will **fulfil** all that which I have caused to be **spoken** by the mouth of my holy prophets. Behold, I come unto my own, to fulfil all things which I have made known unto the children of men from the foundation of the world, and to do the **will**, both of the Father and of the Son—of the Father because of me, and of the Son because of my flesh. And behold, the time is at hand, and this night shall the sign be given.

spoken		time	hand					
given	cheer				spoken	fulfil		
	world	fulfil				sign		
time						hand	sign	spoken
	fulfil			sign				given
sign				will		cheer		fulfil
world						spoken	will	hand
will			time			world	fulfil	
		cheer	will	spoken	world			

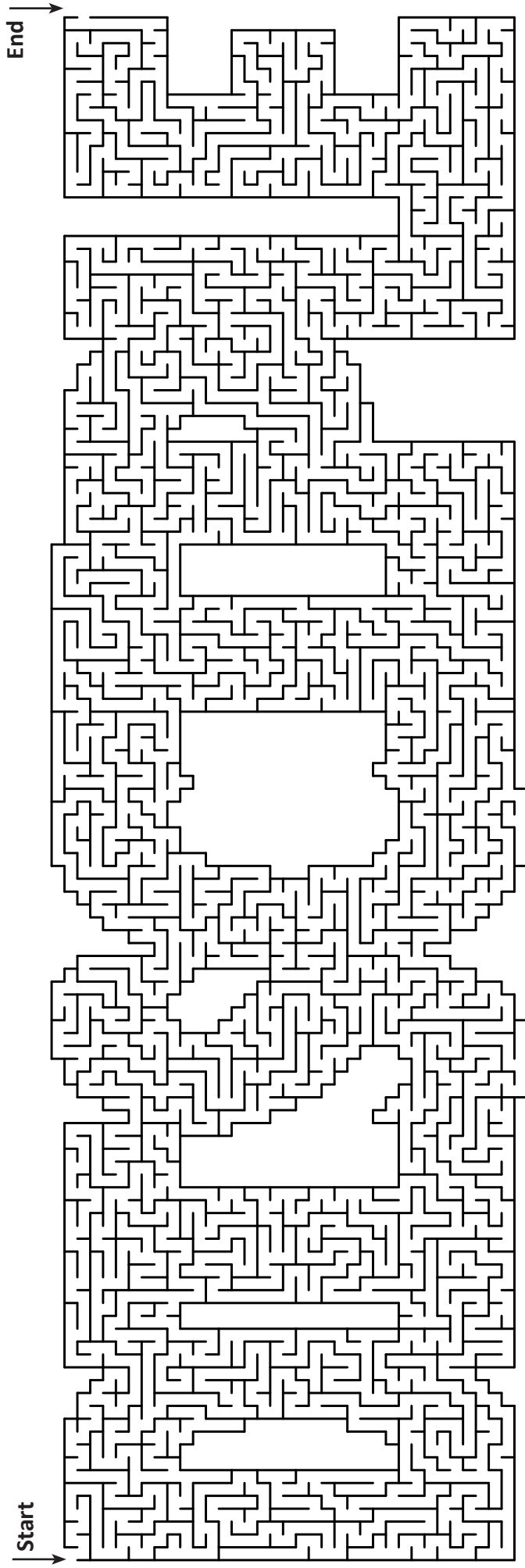
September 16–22

3 Nephi 1–7

“Lift Up Your Head and Be of Good Cheer”

I am a **disciple** of Jesus Christ.

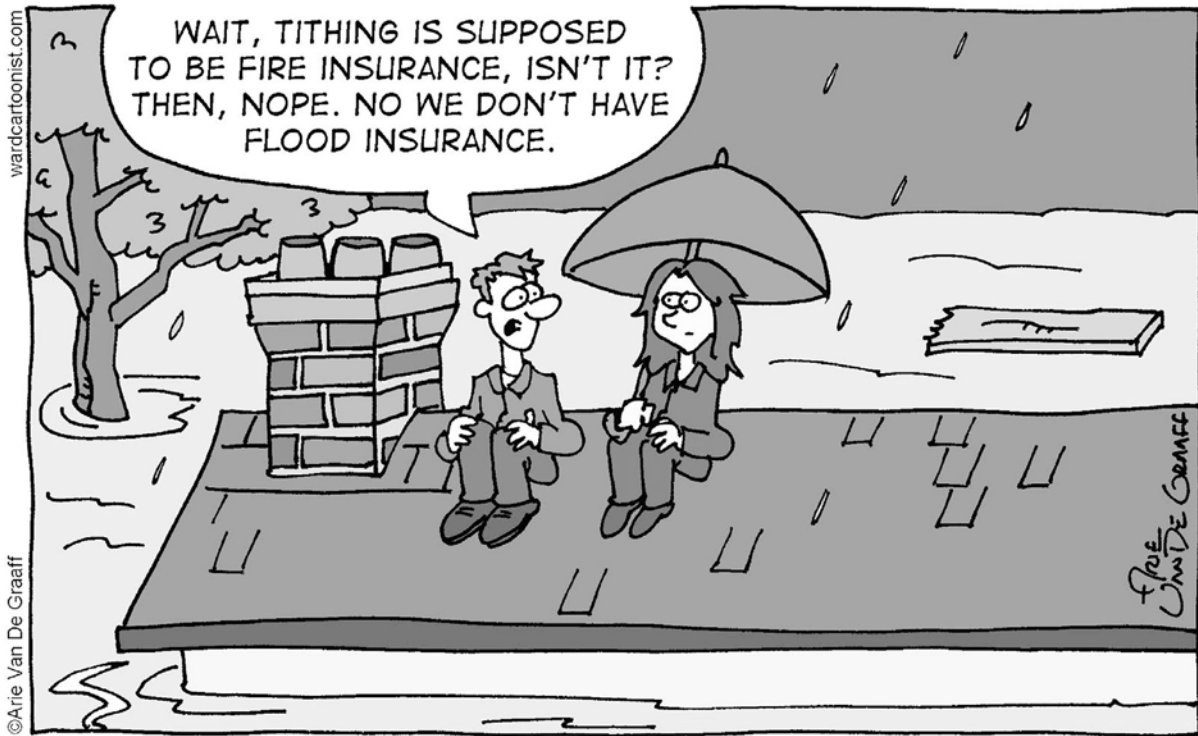
Come, Follow Me Manual, 2024



September 16–22

3 Nephi 1–7

“Lift Up Your Head and Be of Good Cheer”



WAIT, TITHING IS SUPPOSED TO BE FIRE INSURANCE, ISN'T IT? THEN, NOPE. NO WE DON'T HAVE FLOOD INSURANCE.

Cryptogram

Instructions: Each letter on the top stands for a letter in the alphabet. Solve the encrypted phrase by matching each letter on top to a letter in the alphabet on the bottom. Use the key to help you remember what the letters stand for so you can crack the code.

Y	S	O	V	R	T	W	Q	M	B	Z	P	K	U	I	X	N	L	G	H	J	D	C	A	E	F
A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z

J Y T C R V , O X I X V O B W O L R Y C Z U Y B N B

W T E O B F , F T Y B C Q C Z S C V . O T X D Y

J Y Y Q W X R R Y V C Z T O I F C V Y W R X E Y T O B

G C E V X I C Q S T O B L Y C L R Y , F T X F F T Y A

I O S T F T X D Y Y D Y E R X B F O Q S R O Z Y . 3

Q Y L T O 5 : 1 3