

August 26–September 1

Helaman 1–6

“The Rock of Our Redeemer”

Word Search

Instructions: Find the bold words from the scripture in the word search puzzle. Each word could be hidden forwards, backwards, up, down, or diagonally.

Helaman 5:29–30

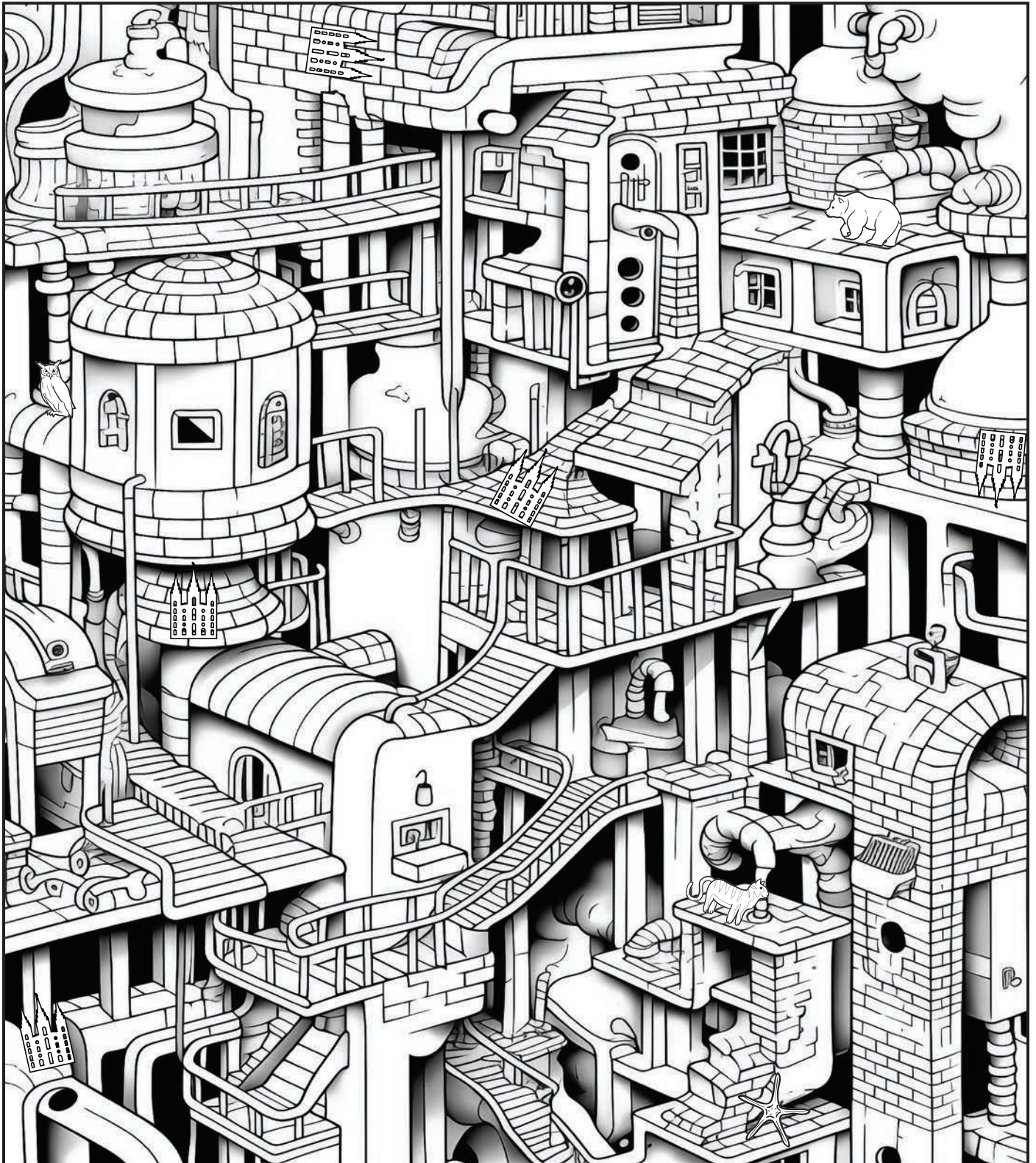
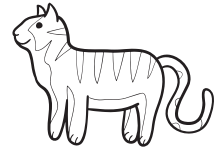
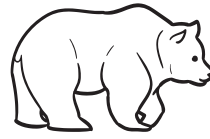
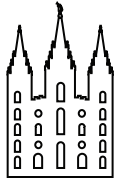
And it came to pass that there came a **voice** as if it were above the **cloud of darkness**, saying: **Repent** ye, repent ye, and **seek** no more to **destroy** my **servants** whom I have sent unto you to **declare good tidings**. And it came to pass when they **heard** this voice, and beheld that it was not a voice of **thunder**, neither was it a voice of a **great tumultuous noise**, but behold, it was a **still** voice of **perfect mildness**, as if it had been a **whisper**, and it did **pierce** even to the very **soul**—

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| K | K | E | J | I | P | R | P | E | R | F | E | C | T | Q |
| S | E | E | K | I | B | I | E | E | N | D | R | M | J | D |
| N | C | O | E | L | U | O | S | D | R | O | I | J | A | U |
| G | L | R | D | E | Z | S | T | P | N | L | I | R | K | L |
| S | C | D | X | U | T | I | S | L | D | U | K | S | P | Z |
| E | W | F | E | V | D | C | P | N | B | N | H | Y | E | F |
| I | L | V | E | I | L | R | E | P | E | N | T | T | S | Y |
| O | O | A | N | O | U | S | D | S | E | U | F | K | T | O |
| L | U | G | U | X | S | F | S | V | O | I | C | E | N | R |
| J | S | D | F | G | J | Y | Q | C | M | P | U | S | A | T |
| D | D | E | C | L | A | R | E | G | R | E | A | T | V | S |
| P | K | W | C | F | T | J | E | P | G | D | O | I | R | E |
| X | Z | Q | N | D | R | A | E | H | Q | K | O | L | E | D |
| L | T | U | M | U | L | T | U | O | U | S | L | L | S | H |
| P | F | W | D | O | O | G | R | E | P | S | I | H | W | S |



GADIANTON DINES OUT.

Hidden Picture: Buildings need strong foundations, just like this temple. Can you find 5 pictures of the temple in the hidden picture below? It will be tricky; the picture may be smaller, on its side, or even upside down! Then, see if you can find 1 image of the animals as well.



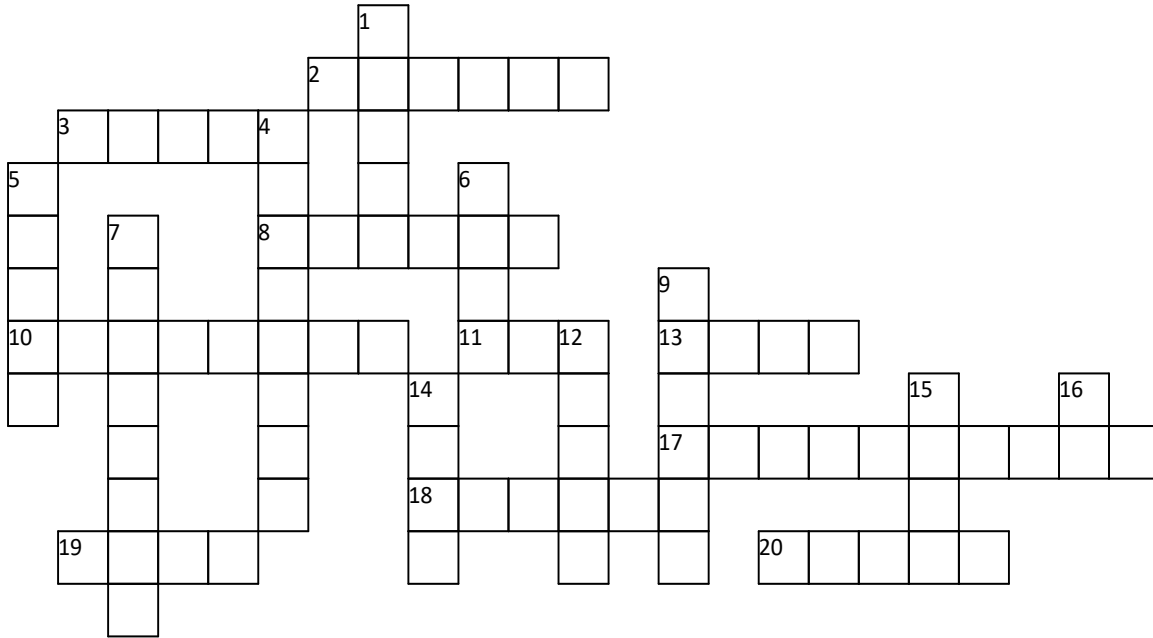
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Helaman 1–6

“The Rock of Our Redeemer”

Instructions: Using the Across and Down clues, write the correct words in the numbered grid below. Hint: all of the words in the crossword come from the scripture below.

Helaman 5:12



ACROSS

2. a state of ill-being due to affliction or misfortune
3. strength; ability to do something
8. a state of ill-being due to affliction or misfortune
10. Jesus Christ
11. Heavenly Father
13. precipitation of ice pellets
17. the basis on which something is grounded
18. Messiah
19. hit repeatedly
20. make by combining materials and parts

DOWN

1. air moving from high pressure to low pressure
4. recall knowledge; have a recollection
5. a violent weather condition with winds and precipitation and thunder and lightning
6. pull, as against a resistance
7. Jesus Christ
9. something directed or barbed as in sharp attack:
12. an evil supernatural being
14. material consisting of stone
15. descend freely under the influence of gravity
16. sorrow or grief

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Instructions: Solve this word sudoku puzzle the same way that you’d solve a numeric sudoku. Each of the bold words in the scripture below is found once in every row, column and 3×3 box.

Helaman 3:35

Nevertheless they did **fast** and **pray oft**, and did wax stronger and stronger in their humility, and firmer and firmer in the **faith** of **Christ**, unto the filling their souls with **joy** and consolation, yea, even to the **purifying** and the sanctification of their **hearts**, which sanctification cometh because of their **yielding** their hearts unto God.

| | | | | | | | | |
|--------|-----------|-----------|----------|----------|-----|----------|-----------|-------|
| | joy | | yielding | | | | | fast |
| | | | joy | | | oft | purifying | faith |
| | Christ | | fast | | | yielding | | |
| faith | purifying | | | fast | | pray | | |
| Christ | | | | | | fast | faith | |
| | | fast | | pray | joy | | yielding | |
| | | Christ | | | | faith | oft | |
| oft | | purifying | pray | | | | fast | |
| joy | faith | | | yielding | | | Christ | |

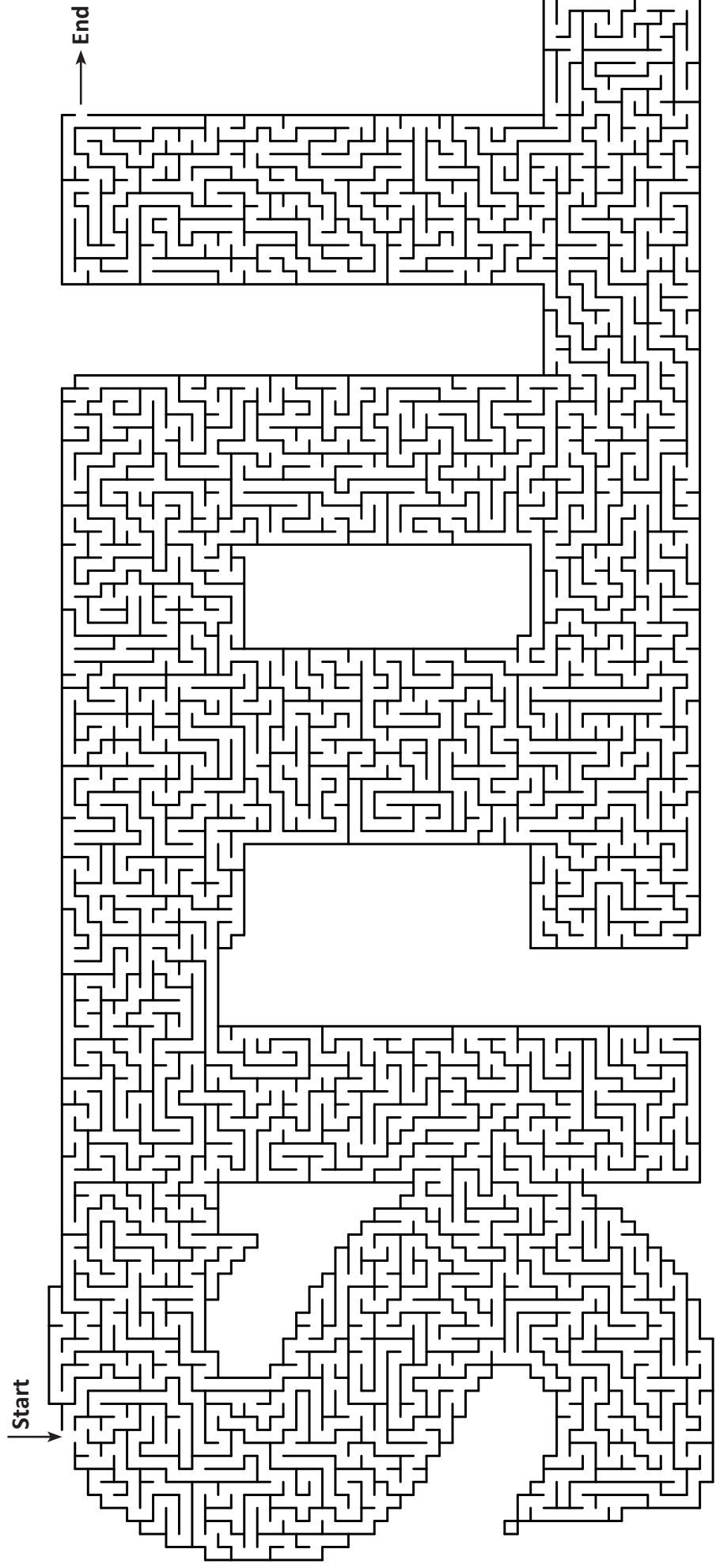
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The Holy Ghost whispers with a **still**, small voice.

Come, Follow Me Manual, 2024



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Fill in the Blank

Helaman 5:41

And _____ said unto them: You must _____, and _____ unto the voice, even until ye shall have faith in _____, who was taught unto you by Alma, and _____, and _____; and when ye shall do this, the _____ of _____ shall be _____ from _____ you.

| | | | | | |
|---------|----------|--------|--------|----------|---------------|
| Christ | removed | Amulek | cry | darkness | overshadowing |
| Zeezrom | Aminadab | cloud | repent | | |

Translation Station

Instructions: Translate the sign language letters below into English to discover the hidden message. Write the alphabet letter beneath each hand sign. Use the key at the back of the book to help you.

